Rev 10/2026




# SNAP for Older Adults & People with Disabilities

## Maximize Your Food Benefits with SNAP.

**Now Easier and Better for Older Adults & People with Disabilities!**

## Apply for SNAP:

Scan code with phone camera to apply online

**yes.nm.gov**

**800-283-4465**

### Mail or Fax Application

Get a paper application: *yes.nm.gov*

Fax: 1-855-804-8960

Send via mail to Central ASPEN Scanning Area (CASA) at: **PO Box 830 Bernalillo, NM 87004**

### ISD Field Office

Find an office near you: *www.hca.nm.gov*

### Get Help Applying!

HCA works with community partners who can assist with the application process!* Learn more here: www.hca.nm.gov

***In-person/over-the-phone options vary by partner***

### What is SNAP?

The Supplemental Nutrition Assistance Program (SNAP) provides monthly benefits to individuals and families to buy food at grocery stores, farmers markets, and other locations. If you're 65+ or disabled, you may be eligible for increased benefits and simplified application processes!

### NEW! SNAP Benefit Increase for Elderly & Disabled Households

**Higher Minimum Benefit:** Now, elderly and disabled households who qualify for SNAP will receive a minimum $100 benefit per month—a big increase from the previous $32 minimum!

**Who Qualifies?**

- Households where all members are elderly (65+) and/or disabled.

### NEW! Elderly/Disabled Simplified Application Project (ESAP)

**Less Frequent Recertifications:** No more annual renewals! You only need to recertify every 36 months (3 years), instead of every year.

**Easy Yearly Updates:** Each year, you'll receive a notice from the HCA. If nothing in your household has changed, no action is needed until it's time to recertify at the end of the 36 months!

**Hassle-Free Recertification:** 45 days before your 36-month certification ends, you'll get a reminder from the HCA to recertify and continue your benefits.

HEALTH CARE AUTHORITY

*This institution is an equal opportunity provider.*

**yes.nm.gov**

## Supplemental Nutrition Assistance Program (SNAP) Nondiscrimination Statement:

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the agency (state or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/ad-3027.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to:

1. **mail:**
   Food and Nutrition Service, USDA
   1320 Braddock Place, Room 334
   Alexandria, VA 22314; or

2. **fax:**
   (833) 256-1665 or (202) 690-7442; or

3. **email:**
   FNSCIVILRIGHTSCOMPLAINTS@usda.gov

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